

CERTIFICATE OF PARTICIPATION

This is to certify that

Grizelda Du Toit

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:21:14

PACE 16:13/km

OVERALL 35 of 41

GENDER 28 of 32

OPEN 13 of 15

21 July 2019, Sun

Date



BoutTime

Signature

